

# 21 DAYS

*of prayer & fasting*

# WELCOME TO THE START OF YOUR BREAKTHROUGH!

Before the children of Israel entered the promised land, Joshua gave them a command: *"Consecrate yourselves, for tomorrow the Lord will do amazing things among you (Joshua 3:5 NIV)."*

The word "consecrate" means to *set apart for a bigger purpose*. It means to make something holy, sacred, and dedicated to God. This is what the next 3 weeks is all about. It's about you consecrating yourself to God and experiencing His power in your life.

## I BELIEVE YOUR PERSONAL BREAKTHROUGH IS ON THE OTHER SIDE OF A SEASON OF CONSECRATION.

21 Days of Prayer and Fasting is one of the most strategic things we do as a church. We set ourselves apart by increasing prayer and intentionally fasting. When we pray we build a special connection with God. Our prayers not only change us, but they invite God to get involved in the circumstances and world around us. When we fast we destroy the connection with the world. The greatest breakthroughs are initiated and sustained through prayer and fasting.

Prayer connects us with God.

Fasting disconnects us from the world.

Prayer and fasting combined set us up for life-changing encounters with God.

I want to challenge you to take this season seriously! Show up as often as you can to our LIVE prayer events at 6am on Mondays and Wednesdays, as well as our LIVE events on Saturday at 8am. We will also be offering prayer online each day at 12pm.

I believe that you will experience supernatural breakthrough as you take this time with God.

**LET'S DO THIS!**

*-Pastor Aaron Burke*

# THE LORD'S *prayer*

"Our Father in Heaven, hallowed be Your Name. Your Kingdom come. Your will be done on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the Kingdom and the power and the glory forever. Amen."

MATTHEW 6:9-13 NKJV

# THE LORD'S PRAYER

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**MATTHEW 6:9-13 NKJV**

# THE LORD'S PRAYER

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*"Our Father in Heaven..."*

## CONNECT WITH GOD RELATIONALLY

*You have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when He adopted you as His own children. Now we call Him, "Abba, Father"*

**ROMANS 8:15 NLT**

God loves for us to call Him our Father. Establish your intimate relationship with Him and thank Him for the relationship you have with Him.

*"Hallowed be Your Name..."*

## WORSHIP HIS NAME

*God's name is a place of protection-the righteous can run there and be safe.*

**PROVERBS 18:10 MSG**

### HIS NAMES

**RIGHTEOUSNESS** - HE MAKES ME CLEAN

**SANCTIFIER** - HE HAS CALLED ME AND SET ME APART

**HEALER** - HE HEALS ALL MY DISEASES

**BANNER OF VICTORY** - HE HAS DEFEATED MY ENEMY

**SHEPHERD** - HE SPEAKS TO ME AND LEADS ME

**PEACE** - HE IS MY PEACE IN EVERY STORM

**PROVIDER** - HE SUPPLIES ALL MY NEEDS

# THE LORD'S PRAYER

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*"Your Kingdom come, Your will be done on earth as it is in Heaven..."*

## PRAY HIS AGENDA FIRST

He will always give you all you need from day to day if you will make the Kingdom of God your primary concern.

**LUKE 12:31 TLB**

God's priorities: Saving the lost, His will for our lives, guiding those in authority - parental, spiritual, governmental, workplace.

*"Give us this day our daily bread..."*

## DEPEND ON HIM FOR EVERYTHING

*I look up to the mountains-does my help come from there? My help comes from the Lord, Who made heaven and earth!*

**PSALM 121:1-2 NLT**

Ask God for what you want and need, then trust Him for the answer.

# THE LORD'S PRAYER

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*"Forgive us our debts, as we forgive our debtors..."*

## GET YOUR HEART RIGHT WITH GOD AND PEOPLE

If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.

**1 JOHN 1:9**

Ask God to check your heart and motives. Receive His forgiveness for any area that He brings to mind. Forgive anyone who has offended you in any way. You can even forgive people in advance.

*"And do not lead us into temptation, but deliver us from the evil one..."*

## ENGAGE IN SPIRITUAL WARFARE

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

**EPHESIANS 6:12**

Take your stand against the enemy and fight the good fight of faith. Every lie that the enemy has told you should be replaced with the truth of God's Word.

# THE LORD'S PRAYER

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*"For Yours is the Kingdom and the power and the glory forever."*

## EXPRESS FAITH IN GOD'S ABILITY

Ah, Sovereign LORD, You have made the heavens and the earth by Your great power and outstretched arm. Nothing is too hard for You.

**JEREMIAH 32:17**

End your prayer time by reminding yourself of God's ability. Return to praise and make your faith declarations.

"Yours is the Kingdom" - All rule belongs to You!

"Yours is the Power" - All mightiness flows from You!

"Yours is the Glory" - Your victory shall be complete!

# TABER

# NACLE

# prayer

In the Old Testament, the Tabernacle was the dwelling place of God, built to His specifications, where He would meet His people. Today, even though we no longer need the physical Tabernacle to meet with God, these same steps can help us connect with Him. This prayer model will take us through each station of the Tabernacle and use the purpose of each station to guide our prayers.

TABERNACLE PRAYER

# TABERNACLE PRAYER

In the Old Testament, the Tabernacle was the dwelling place of God, built to His specifications, where He would meet His people. As they entered the Tabernacle, they passed through seven stations, following God's instructions, to experience His presence. Today, even though we no longer need the physical Tabernacle to meet with God, these same steps can help us connect with Him. This prayer model will take us through each station of the Tabernacle and use the purpose of each station to guide our prayers.

**TABERNACLE PRAYER**

# 01. THE OUTER COURT

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## THANKSGIVING AND PRAISE

The Israelites entered the Tabernacle with thanksgiving and praise, and we start our prayer time the same way.

*Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.*

**PSALM 100:4**

Spend some time really thinking about all the blessings in your life for which you're thankful. You can write down a list, sing your own song of praise, or just spend quiet moments reflecting on your gratitude and praise toward God.

### **PRAYER:**

*"Father God, You are good, and You deserve all my praise and more. Thank You for the many ways You have blessed me and for watching over me (tell Him specific things in your life that you're grateful for. Thank Him for something new that you've never thanked Him for before). I want to experience Your presence and Your love in a fresh way today, Jesus. I thank you that Your mercies are new every day. I thank you for Who You are and all You have done for me."*

## 02. THE BRAZEN ALTAR

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### THE CROSS OF JESUS

In the Old Testament, everyone had to regularly bring animal sacrifices as payment for their sins. Today, we don't have to do that because Jesus paid for our sins once and for all with His blood on the cross.

*Praise the LORD, my soul, and forget not all His benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's.*

**PSALM 103:2-5**

Thank God for the gift of Jesus. Thank Jesus for His sacrifice and love. Let the power of the cross and what it means for your life really settle in your spirit. In addition to expressing your gratitude, claim the power of transformation and healing that the cross of Jesus has in your life.

The cross provides us with five major benefits:

- Salvation - *God forgives all my sins*
- Healing - *God heals all my diseases*
- Redemption - *God rescues me and restores me*
- Transformation - *God changes me into His likeness*
- Blessing - *God provides everything I need in life*

# 03. THE LAVER

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## CLEANSING AND PREPARING

The next step in the Tabernacle was a bowl of water where people were reminded of their sinfulness and their need to be cleansed and forgiven by God.

Checking our hearts and motives and surrendering our lives to God is an important part of daily prayer.

*I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.*

**ROMANS 12:1 ESV**

Because of what Jesus did on the cross, we can confess our sins to Him and receive complete forgiveness and a fresh start.

In prayer, humbly and sincerely turn away from your sins and allow God to cleanse and renew you. Then, surrender your life and every part of yourself to Him.

## 03. THE LAVER

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### PRAYER:

*"God, I confess my sins to You and turn away from them (tell God any sin you know is in your life and confess it to Him with a sincere heart. Ask Him to show you any other areas that need His cleansing). Thank You, God, for freely forgiving me. As I turn away from my sin, I turn toward You, and I offer myself to You:*

- I give You my tongue, to speak good and not evil*
- I give You my eyes, to focus on You and the needs of others*
- I give You my ears, to be sensitive to Your voice*
- I give You my hands, to do good for others*
- I give You my feet, to walk in Your ways and follow Your footsteps*
- I give You my mind, to be transformed and used by You*

*I ask You, Lord, for the fruit of the Spirit found in Galatians 5:22-23, so that I can grow closer to You and make a difference in the lives of others. I ask for love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self control."*

# 04. THE CANDLESTICK

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## THE HOLY SPIRIT

The next piece of the Tabernacle was an even-branched golden candlestick. The fire represents the Holy Spirit and how we are called to be light in the world's darkness.

*The Spirit of the LORD will rest on him—the Spirit of wisdom and of understanding, the Spirit of counsel and of might, the Spirit of the knowledge and fear of the LORD.*

**ISAIAH 11:2**

When Jesus left the earth, Christians were given the gift of the Holy Spirit.

He calls the Holy Spirit our “advocate.” We cannot do what God has called us to do without His supernatural power.

It is through the Holy Spirit that God comforts us, guides us, and empowers us.

# 04. THE CANDLESTICK

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## PRAYER:

*"Holy Spirit, I ask You to fill me up.*

*I need Your presence in my life, guiding, directing, comforting, and counseling me. I know that You, Holy Spirit, are God, in the Trinity with God the Father and the Son, Jesus.*

*You are the Spirit of Wisdom, Understanding, Counsel, Might, and Knowledge. Give me a holy fear of the Lord, helping me to be in awe of who God is and what God does.*

*Work in me, Holy Spirit. Teach and transform me (pray through any areas where you feel the need for transformation today).*

*Empower me with Your spiritual gifts to strengthen the Church and to help bring the reality of the Kingdom of Heaven to earth."*

# 05. THE TABLE OF SHEWBREAD

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## THE WORD OF GOD

In the Tabernacle, a table with twelve loaves of bread represented the importance of reading God's Word for daily sustenance.

*Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.*

**JOSHUA 1:8**

God's Word is an incredible gift and a powerful tool, and it has great relevance and impact in our prayer life. Here is how you can incorporate God's Word into your prayer time:

- Take time to read and think about the Word
- Claim God's many great promises for your life and the world around you
- Ask Him for fresh revelation of His Word
- Ask Him for a Word to help you as you go throughout your day
- Ask Him to show you how to apply His Word in the world around you

# 05. THE TABLE OF SHEWBREAD

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## PRAYER:

*"Thank You, God, for giving me Your Word. I commit to reading it, and I ask You to reveal Yourself to me through it. I want to know You more.*

*Help me to grow more in love with Your Word and to be more dependent on it.*

*I claim the promises You have for me, and I meditate on the truth of Your Word (pray any Scriptures that are on your heart or that God has given you in your current season).*

*Give me fresh revelation from Your Word today and every day! Help me apply it so I can be Your ambassador for love, justice, and righteousness in the world."*

# 06. THE ALTAR OF INCENSE

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## WORSHIP

A small altar of burning incense stood at the entrance to the Holy of Holies, where God's presence dwelled.

The people of God entered God's presence as they worshipped His Names.

This altar represents worship and the pleasure it gives God when we worship Him.

*The name of the LORD is a strong tower;  
the righteous run to it and are safe.*

**PROVERBS 18:10 NKJV**

Thank God for making His presence available to you. Praise His Names and worship Him personally and specifically for Who He is and how He has moved in your life.

## 06. THE ALTAR OF INCENSE

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### PRAYER:

*"Thank You, God, for Your presence. I know that You are here with me. I worship You and You alone.*

*I know God, that You are:*

*My Righteousness - Jeremiah 23:6*

*My Sanctifier - Leviticus 20:7-8*

*My Healer - Exodus 15:26*

*My Provider - Genesis 22:14*

*My Banner of Victory - Exodus 17:15*

*My Peace - Judges 6:24*

*My Shepherd - Psalm 23:1*

*(As you pray through the different Names of God, focus on a few aspects of who He is that have been especially meaningful in your current season of life.)*

*I know that You are always with me, God, and Your presence is life to me. You give me breath, joy, and purpose. I love you, God."*

# 07. THE ARK OF THE COVENANT

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## INTERCESSION

The final place in the Tabernacle was the Holy of Holies, where God's presence dwelled. There, the priest interceded by praying on behalf of the people of God.

In the same way, we intercede on behalf of those around us.

*I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth.*

**1 TIMOTHY 2:1-4**

# 07. THE ARK OF THE COVENANT

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We can make a difference when we spend time praying for others. Pray for those with whom you interact and connect, including:

- Those in authority - *leaders in church, government, family, and workplace*
- Those who are marginalized - *those suffering injustice, the poor, the widowed, the weak*
- Your family - *both immediate and extended family members*
- Your church - *pastors, Small Group leaders, members, and missionaries*
- Your community - *people in your city, nation, and world*
- Your relationships - *friends, co-workers, acquaintances*
- Your adversaries - *those with whom you disagree*

# 07. THE ARK OF THE COVENANT

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## PRAYER:

*“Thank You, God, for creating a way through Jesus for me to have Your presence wherever I go.*

*I want to specifically ask You to watch over those in authority over me— my spiritual leaders, the leaders of our government, the leaders in my family, and my employers (pray for these people by name).*

*Give them wisdom and grace, watch over and protect them, and help them to know and love You more.*

*I also ask You to watch over those who are marginalized in my nation and in my community. Our world is desperate for justice and reconciliation.*

*Please meet the needs of the poor, the widowed, the weak, and those suffering injustice (pray specifically for people you know who need help, advocacy, and intervention). Show me how I can be your hands and feet to those who are hurting.*

*I ask You, God, to be present with my family. Bless them and keep them from harm (pray for any specific needs in your family right now). For those in my family who don't know You, please meet them where they are and guide their hearts toward You.*

## 07. THE ARK OF THE COVENANT

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*I ask You to watch over my church, God. Give my pastor wisdom and vision, bless the Small Groups and everyone who steps foot into our buildings. I pray that You will bring the lost into our church, and that they will have a positive experience and come to know You. Keep our vision rooted in who You are and moving toward Your goals.*

*I ask You to watch over my city, my nation, and our world. I pray for justice and equality for all and ask You to bring peace (name areas where you feel a burden for your city, nation, and the world). I pray for anyone who comes across my path to see Your light in me. I lift up my friends, neighbors, and coworkers. I thank You for them and pray for Your blessing over them (pray for any specific needs of others). I also pray for my adversaries, as the Bible teaches. Let me be a bridge through which You can bring unity and reconciliation.*

*Lastly, God, I ask You to provide for my needs. I know that You sustain me, and that You care for me. I lift up my physical, emotional, and spiritual needs to You (share the needs on your mind right now). I lay my cares at Your feet. Thank You for loving me, choosing me, and calling me Yours.*

*Amen."*

THE  
*prayer*  
OF  
JABEZ

1 CHRONICLES 4:9-10

# THE PRAYER OF JABEZ

Jabez was more honorable than his brothers, and his mother named him Jabez saying, "Because I bore him with pain."

Now Jabez called on the God of Israel, saying, "Oh that You would bless me indeed and enlarge my border, and that Your hand might be with me, and that You would keep me from harm that it may not pain me!"

And God granted him what he requested.

# THE FOUR *declarations* FOR 2021:

## 01. BLESSING

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**“OH THAT YOU WOULD BLESS ME INDEED”**

The word Blessing means - to ask for supernatural favor or abundance! All of the richness of God that He has stored up for you. It's praying what God says about you, instead of what others have said about you.

## 02. GROWTH

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### “ENLARGE MY BORDER”

The word “enlarge” there actually is the idea of you going into your back yard, digging up your fence post, and just moving them further out. We all do this when we decide we need more room.

We decide, “we are going to expand.” We do it with our houses, with our careers, with our health. But we often fail to do it where it matters most: spiritually.

And truthfully, this needs to be a year of growth for you individually.

God wants you to grow in your relationships, grow in your influence, grow in your family, grow in your business, grow in your intellect, and grow in your ministry.

Here is what it looks like:  
Ask God daily for ministry opportunities.

*Who can I impact?*  
*What can I give?*  
*How should I encourage?*

Go out of your comfort zone, because that is where you will have your greatest impact.

## 03. POWER

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### “YOUR HAND MIGHT BE WITH ME”

Jabez understands that once the blessing comes, and once the growth and influence are gained, the only way to sustain himself is to have God's power. Here he asks for God's hand to be on him.

We need his power. We can't do this life without him. Everything will collapse as soon as God is not in it anymore. You need his power in your life. It's time to start depending on him!

Asking Him for it is his hand to be in your life. We will receive what we ask for. And God will give you exactly the amount of power that you are asking for. The disciples in the book of Acts understood their need for the spirit of God.

*The disciples were continually filled with joy and with the Holy Spirit.*

**ACTS 13:52**

## 04. PROTECTION

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### “YOU WOULD KEEP ME FROM HARM”

It doesn't say, help me overcome harm or temptation. The prayer is that God would keep it far away from you.

This is what Jesus prayed also in Matthew 6 when he prayed "...lead me not into temptation."

Most of the time we are too focused on beating temptation when the prayer you should pray is to have God help you avoid it completely.

# THE FOUR *declarations* FOR 2021

DEVO:

*Freedom*

21 DAYS OF PRAYER AND FASTING

# FREEDOM

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One of my favorite parts of living the Christian life and walking with Jesus each and every day is the opportunity to watch the people around me undergo real transformation. I'm always struck by people's stories. I'm in awe when they finally raise that hand to commit their life to Jesus. Many times I get to be a part of their baptism. Seeing each person come up out of the water as a new life in Christ is so fulfilling.

John 10:10 tells us that, *"Jesus came to earth so that we could have life, and have it to the full."*

God's design for us isn't merely to survive this life, but to truly live life in all of its abundance.

This journey isn't always easy. Sometimes, it takes years to learn to walk in the fullness that God intended for us. Even after we've committed our lives to Jesus and begin a new life in Christ through baptism, it can take a long time to strip away all of the hurt, pain, lifestyle, and memories—the iniquity that we've carried around for so long.

# FREEDOM

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Here's the good news—the book of Romans tells us that, *“There is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.”* Did you catch that? Because of Jesus, we have the opportunity for full restoration in our relationship with God the Father! Our past is gone, and we stand as new creations in Christ! Isn't that FREEING!

## SCRIPTURE:

John 8:32, *“And you will know truth, and the truth will set you free!”*

## PRAYER:

*Lord, show us today your truth. Show us that you sent Your son Jesus to earth to die for us and to set us free from the grip of sin and death.*

*Let us live today with joy in understanding that we are your sons and daughters whom you love and that we are FREE to live in the fullness of your presence! In Jesus' name I pray, AMEN!*

DEVO:

*intercession*

21 DAYS OF PRAYER AND FASTING

# INTERCESSION

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A turning point in my prayer life was when I discovered the power of intercession.

Intercession is prayer for the needs of others outside of your own.

Intercession is two-fold.

First, it is a tangible expression of your care and love for another. When you pray with someone or you let them know that you have been praying for specific needs they have, that person will recognize the love and care that you have for them.

Bob Sorge, in his book *Secrets of the Secret Place*, writes that, “One of the most profound ways that you can love someone is to pray for them.”

It perfectly defines why intercession is so important—because Jesus commanded us to love God first, but then to love others; He showed us the example of this love when he went to the cross on our behalf.

# INTERCESSION

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Secondly, intercession allows us to take the focus off of ourselves and focus on the power of God.

Far too often we are laser-focused on what God needs to do for us. In reality, as we become humble and engage in the selfless act of intercession, God begins to move in our heart and in our lives.

1 Timothy 2 says that we should pray  
*“for all people ... so that WE may live a peaceful life in all Godliness and holiness.”*

The implication of this verse is that when we intercede on behalf of others, or for our country, our state, our politicians and leaders and those in authority, that our prayers can actually change the way that we live our lives.

As you think about your prayer life today, begin to imagine how you can include prayer for others and the situations that they face.

# INTERCESSION

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## **SCRIPTURE:**

1 Timothy 2:1-2, *"I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people – for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness"*

## **PRAYER:**

*Lord, show me today people around me that are hurting. Give me wisdom into each situation, discernment to hear from the Holy Spirit, and a heart for my brothers and sisters.*

*Honor my time of prayer as I lift them up to you and move mightily in their lives. In Jesus' name I pray, Amen.*

DEVO:

*Spiritual  
Warfare*

21 DAYS OF PRAYER AND FASTING

# SPIRITUAL WARFARE

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## SCRIPTURE:

Ephesians 6:10-18, **“10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor of God, so that you can take your stand against the devil’s schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace. 16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17 Take the helmet of salvation and the sword of the Spirit, which is the word of God. 18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.”**

# SPIRITUAL WARFARE

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What comes to mind when you hear the words, “Spiritual Warfare?” Do you think of yourself riding into a battle with a sword and half of your face painted blue, like on Braveheart? Or do you imagine a little man with a red pitchfork trying to get you to do bad things? Well, the good news is that there are no little men with red pitchforks running around, but we are truly in a spiritual war. So break out the blue paint and the kilts! We are riding to war!

Paul shares with us that we have been given two weapons: the Word of God and prayer.

## 1. THE WORD OF GOD

When Satan attempted to tempt Jesus in the wilderness, He confronted Satan with scripture. Paul refers to it as, *“The sword of the spirit, which is the word of God.”* Whenever you feel you are under spiritual attack, open up scripture and use the sword that God has given you. For example, if you feel heavy or depressed, you can quote Isaiah 61:3 that God has given me a, *“garment of praise for a spirit of heaviness.”*

# SPIRITUAL WARFARE

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## 2. PRAYER

Paul immediately charges believers to, “*pray in the spirit on all occasions with all kinds of prayers and requests.*” Prayer is a weapon in which we will see victory in our lives. As you pray, remember that we are praying from a place of victory in Jesus Christ! Through the blood of Jesus, we have been given victory over all attacks of the enemy.

### **PRAYER:**

*Father, in the name of Jesus, I pray that you would show me the authority I have in you through scripture. I declare victory in the name of Jesus over every area of my life! I thank you that through the death, burial, and resurrection of Christ, I am victorious! Amen.*

DEVO:

Praying  
God's  
Word

21 DAYS OF PRAYER AND FASTING

# PRAYING GOD'S WORD

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The Word of God is the most valuable gift we have been given for our daily prayer life. God's Word comes with authority, truth, encouragement, and direction in our prayer time. Take this time to dive into these verses and use the prayers below as a way to have a genuine conversation with God.

## SCRIPTURE:

*Psalm 23, "The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, He leads me beside quiet waters, He refreshes my soul. He guides me along the right paths for His name's sake. Even though I walk through the darkest valley, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely Your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever."*

# PRAYING GOD'S WORD

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## PRAYER:

*God, I depend on you. You are the one I turn to with all my needs. You are dependable and faithful. Thank You for leading me to restful places. You sustain me and provide the direction I need in every season. Even in difficult times, I don't have to be fearful of anything because you are with me. Your presence brings me peace. You go before me and prepare the path that no enemy can stop. I believe that you have blessed me and will continue to bless me like only You can. I am grateful that you have chosen me. I will never be alone, because you are with me forever. In Jesus' Name, Amen.*

In the following section, we will read several scriptures from God's Word and claim their promises through prayer. Feel free to make it a personal prayer. God speaks through His Word on a personal level, no matter what season of life you are in.

# PRAYING GOD'S WORD

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## **JAMES 4:8**

*Come near to God and He will come near to you.*

### **PRAYER:**

*Father, I desire to come near to you. I know you love me with an everlasting love. I need you in every area of my life. You are not far from me but near. You hear my prayers and are attentive to my needs. I need more of you in my thoughts and in my heart. I ask you to change me.*

## **PSALM 139:23-24**

*Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.*

### **PRAYER:**

*Father, I come before you recognizing that you know my thoughts and heart. You know my motives and my desires. Holy Spirit I invited you into every part of me. Take out what is not of You. Make me more like you. May I abound in Your love and not be distracted by thoughts, emotions or feelings that get in the way of you reigning over my life. In Jesus' name, Amen*

# PRAYING GOD'S WORD

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## **MATTHEW 6:33**

*But seek first His Kingdom and His righteousness, and all these things will be given to you as well.*

### **PRAYER:**

*Father, I desire to seek you. Your Word tells me that if I seek first your kingdom and your righteousness, you will lead me to a life full of purpose, freedom, and blessing. Have your way in my life today. I give you full authority over every part of my life. I yield to your purpose and plans for me. I believe that I will receive your joy, hope, and love today.*

## **JAMES 4:10**

*Humble yourselves before the Lord, and He will lift you up.*

### **PRAYER:**

*God, your promises are true and dependable. You have said that if I humble myself before you, you will lift me up. I fully believe in your Word. Today, I humble myself before you. You know all things. You search every part of me. My plans, desires, and intentions are yours to direct. I am willing to be used by you, because I trust you wholeheartedly. I trust that you will lift me up as I humble myself today.*

# PRAYING GOD'S WORD

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## 2 TIMOTHY 1:7

*For the Spirit God gave us does not make us timid, but gives us power, love, and self-discipline.*

### **PRAYER:**

*God, Your Word declares that the Spirit you gave me does not make me timid. Your Holy Spirit gives me power, love, and self-discipline. Therefore, today I rely on you to bring power, love, and self-discipline to my day. I proclaim that I do not have a spirit of fear but of faith in You.*

## ROMANS 8:28

*And we know that in all things God works for the good of those who love Him, who have been called according to His purpose*

### **PRAYER:**

*God, regardless of setbacks, Your Word declares that all things work for the good of those who love you. I proclaim my love for you today. I know that you have given me true purpose. Although times may be difficult, it will not take away the purpose that You have given me.*

# PRAYING GOD'S WORD

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## PSALM 62:8

*Trust in Him at all times, you people; pour out your hearts to Him, for God is our refuge.*

### PRAYER:

*Father, help me pour out my heart to you. You are my refuge. Help me to trust You at all times and with everything. I give you my worries and anxieties. I give you my pain and my loss. You are my protector. You are a safe place for anything I have gone through. You are a safe place for what I am going through right now. You are a safe place for me at any time. Today, I choose to fully trust all to You.*

## DEUTERONOMY 28:12

*The Lord will open the heavens, the storehouse of His bounty, to send rain on your land in season and to bless all the work of your hands.*

### PRAYER:

*Father, I choose to place my faith in you. You have everything I need or might need in the future. Your Word declares that you will open the heavens, the storehouse of your bounty. You will send the rain and bless all the work of my hands. I give my efforts to you. I dedicate all my work to you Lord. You are the One who brings growth and abundance to me.*

# PRAYING GOD'S WORD

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## ROMANS 8:38-39

*For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.*

### PRAYER:

*Father, you deserve all the glory. You are almighty in every way. Nothing will get in the way of your love. Your love is unconditional and abounds beyond all that I can think or imagine. God, your love that is in Christ Jesus our Lord is most powerful. Nothing that exists can separate me from your love.*

## ISAIAH 54:17

*"No weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the Lord, and this is their vindication from me," declares the Lord.*

### PRAYER:

*Lord, there is no weapon that will prevail over you. I am your child and I am under your protection. Even though I have faced challenges in my life that have caused pain (tell God about the concerns and worries in your life), you have authority over all of it. You have saved my life. I fully trust in you, because you love me with an everlasting love.*

# PRAYING GOD'S WORD

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## PHILIPPIANS 4:6-7

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*

### PRAYER:

*Lord, I have felt anxiety in my life (tell God what is causing your anxiety or what contributes to it). I know that this feeling does not come from you. Today, I come to you, knowing that you care for my well being. I believe that you can set me free from living with anxiety. You have blessed me in so many other ways. I know you can change this area in my life. I believe that you have authority over anxiety. Today, I trust your faithfulness and believe that you will bring joy and peace over my life.*

# PRAYING GOD'S WORD

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## JEREMIAH 29:11-13

*"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart."*

### PRAYER:

*Father, today I proclaim that your plans are higher than my plans. I have tried to go about life with wrong intentions that fuel plans that aren't from you (mention your plans and lay them down before God). Today, I look at what you want to do in me and through me. Thank you for your attentiveness to my life. I desire to walk in your plans God and not mine. Thank you for loving me enough to provide direction and purpose for my life.*

# PRAYING GOD'S WORD

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## HEBREWS 13:5

*Never will I leave you; never will I forsake you.*

### PRAYER:

*Father, I am dependent on you. I know that life without you is not life at all. You are Life. I choose to live for you. I know that you will never leave me. I am not alone because you are with me. Sometimes I feel lonely (share with God the moments of loneliness you have felt). However, today I proclaim that you have never left me. You are always there as your promise declares that you will never forsake me.*

## MATTHEW 11:28-30

*Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.*

### PRAYER:

*Father, I have been tired and exhausted from time to time in my life. It has worn me down (be honest with God and tell Him the moments where you've been burdened). Today, I receive comfort from Your Word because I know that I can come to you when I feel weary. I don't have to go on alone. You are gentle and I will find rest for my soul. You will give me peace, comfort and rest. Lord Jesus, I trust in you today.*

# PRAYING GOD'S WORD

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## PSALM 145:13-14

*The LORD is trustworthy in all He promises and faithful in all He does. The LORD upholds all who fall and lifts up all who are bowed down.*

## PRAYER:

*Father, I worship you today. You are the One I love and trust. I love you for not just what you've done but for who you are. I praise you for your character. I know that I can come to you for anything at any time. You are a great God. You will uphold me and lift me up in every season. Today, I invite you into my heart, my present, and my future.*

# THE SOAP *method*

**EXPERIENCING A DEEPER INTIMACY WITH  
GOD IS POSSIBLE EVERYDAY.**

Grab Your Bible (we have a Bible for you if you don't have one), something to write with, and something to write on. The SOAP (acronym) method for your daily devotionals is a great way to hear from God through His Word. SOAP will help you lean into God's word in a meaningful way.

SCRIPTURE OBSERVATION APPLICATION PRAYER

# THE SOAP METHOD

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## S - SCRIPTURE

The "S" stands for Scripture. Write down a Bible verse or two from the Bible in your journal or notebook. It can be one verse or several verses that have spoken to you.

## O - OBSERVATION

The "O" stands for Observation. This step is all about noticing details in the Scripture that are note-worthy.

Answer questions like:

- What stands out to you?
- What didn't you notice before?
- Is there anything unique about it?
- What does it mean?

## A - APPLICATION

The "A" stands for application. This step helps you apply this verse to your life. Be intentional about applying it not to other people's lives but to your own. God wants to speak to you.

Answer questions like:

- What is God telling me through this verse?
- What is God challenging me with in this Scripture?
- How can I apply this to my family, work place, ministry or relationships?
- What changes do I need to take based on this Scripture?

# THE SOAP METHOD

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## **P - PRAYER**

The “P” stands for prayer. This step brings you to reach out to God about what He has shown you through His Scripture. Prayer allows you to invite God into your life so that you can apply His word, His way.

God’s Word is living and can change your life. Here are a few Bible verses that you can use SOAP with:

### **HEBREWS 10:25 ESV**

*Not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.*

### **ZEPHANIAH 3:17 ESV**

*The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing.*

### **ROMANS 15:4 ESV**

*For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope.*

### **HEBREWS 4:12 ESV**

*For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.*

# Biblical Fasting

21 DAYS OF PRAYER & FASTING

# BIBLICAL FASTING

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## WHY FAST?

Simply put, fasting draws us closer to God. Prayer and fasting go together. When we humble ourselves with fasting, we speak to God in prayer.

As we draw near to God, His Word tells us that He will draw near to us (James 4:8). In addition, Jesus assumed we would fast as we seek to grow in our relationship with God (Matthew 6:16-18).

Biblical fasting is voluntarily giving up something that our mind and flesh desire in order to refocus ourselves on God. It is a practical step every follower of Jesus can do to draw near to the grace He wants to pour on us. There are two key parts to fasting:

**WE GIVE SOMETHING UP FOR A PERIOD OF TIME -**  
food, electronics, social media, etc.

**WE GAIN SOMETHING GREATER FOR ETERNITY -**  
A closer walk with God.

# PREPARING TO FAST

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## SPIRITUALLY

Set your heart right before the Lord. Do not think of fasting as earning points with God. Fasting is actually a humbling experience and God shows up in powerful ways when we simply humble ourselves through fasting.

## PHYSICALLY

If you have never fasted from food or not for a long time, be wise. Options are listed below. Start slow and build up your spiritual strength over time. If you have health issues, skip one meal or even just do an electronics & social media fast and consult a doctor.

## EMOTIONALLY

Do not underestimate the power of the devil and the flesh to wage war against you. The devil hates when we seek to draw near to God and will tempt you to quit. Fasting is not easy, but as you draw near to God, He will give you the strength to overcome.

# TYPES OF FASTS

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## FOOD FAST

*Partial Fast* - Skip one meal or one food/drink (chocolate, coffee, soda, etc.) for a period of time.

*Juice Fast* - Drink only water, fruit and/or vegetable juice for a period of time.

*Water Fast* - Drink only water for a period of time.

## ELECTRONICS FAST

Give up things that would be a sacrifice for a period of time. This includes TV, DVDs, and video games for an extended period of time.

## SOCIAL MEDIA FAST

Give up all social networking, including Facebook, Twitter, and Instagram for an extended period of time and/or give up all texting for an extended period of time.

# KEYS TO A SUCCESSFUL FAST

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## 1. DETERMINE WHY YOU ARE FASTING

Do you need a breakthrough? An answer to prayer? Reconnect to God? Expect God to show up as you seek Him.

## 2. DETERMINE THE TYPE OF FAST/LENGTH OF TIME AND MAKE A COMMITMENT

Combine all 3 types of fasts to free yourself for God.

## 3. DETERMINE WHO NEEDS TO KNOW

Only tell people who need to know about your fast. It is tempting to brag about it.

## 4. PARTNER WITH SOMEONE

The Bible reminds us that two are better than one and mutual encouragement can help in fighting the temptation of the devil and the flesh to quit.

## 5. BEGIN SLOWLY

Begin slowly when eliminating food or beverages. Unless the Holy Spirit convicts you to go cold turkey, it is best to start with a partial fast and slowly increase your stamina.

## 6. DO NOT OVERINDULGE TO END YOUR FAST

Maintain the spiritual discipline you had when you began your fast. Most often breakthroughs come after, not during your fast.

# THE GOAL

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The goal of fasting is to humble yourself and spend the time you saved with Him. He's waiting and ready to embrace you as you come to Him in prayer and fasting. Pray and ask the Holy Spirit to reveal what you are to remove from your life these upcoming days in order to grow closer to the God Who loves you. Pray for those in authority and those under your authority.

## MY CHURCH

Pastor, Small Group Leader, Dream Team Members

## MY FAMILY

Spouse, Children, Parents, Siblings, Extended Family

## THOSE I INFLUENCE

Close Friends

## MY GOVERNMENT

President, National Leaders, State Leaders,  
City Leaders

## MY LIFE

Employer, Co-Workers, Employees,  
Teachers/Professors

# THOSE WHO NEED GOD

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## 1. PRAY THAT THE FATHER WOULD DRAW THEM TO JESUS

John 6:44, *"No one can come to me unless the Father Who sent me draws him."*

## 2. BIND THE SPIRIT THAT BLINDS THEIR MINDS

2 Corinthians 4:4, *"The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel in the glory of Christ, Who is the image of God."*

## 3. LOOSE THE SPIRIT OF ADOPTION [SONSHIP]

Romans 8:15, *"For you did not receive a Spirit that makes you a slave again to fear, but you received the Spirit of Sonship. And by Him we cry, 'Abba, Father'."*

# THOSE WHO NEED GOD

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## 4. PRAY THAT OTHER BELIEVERS WILL CROSS THEIR PATHS AND ENTER INTO POSITIVE RELATIONSHIPS WITH THEM

*Matthew 9:38, "Ask the Lord of the harvest, therefore, to send out workers into His harvest field"*

## 5. LOOSE THE SPIRIT OF WISDOM AND REVELATION ON THEM SO THEY MAY KNOW GOD BETTER

*Ephesians 1:17, "I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know Him better."*

## 6. MY NEEDS

# OUR MISSIONARIES

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During this season, we would like to pray for missionaries around the world that Radiant Church supports.

## SRI LANKA

Missionary: Roshan Andreson

## INDIA

Missionary: Enosh Jamkhandi

## THAILAND

Missionaries: Josh & Tonya Jacks

## VANATU

Missionaries: Sam Paris

## ASIA

Missionaries: Ricardo & Marita Rodriguez

## MOZAMBIQUE

Missionaries: Logan & Kenra Coffey

# OUR MISSIONARIES

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## EGYPT

Missionary: Jacklyn Garibay

## PALAU

Missionary: Nicholas Krake

## KENYA

Missionary: Jennifer Bennet

## HIMALAYAS

Missionary: Pierce Davis

## ASIA

Missionary: Jon Hamilton

## MIDDLE EAST

Missionaries: Chase Fristoe

## INDONESIA

Missionaries: Tim Pollick

**RADIANT CHURCH**  
**THE BEST IS YET TO COME**  
**FLORIDA, U.S.A.**

**OUR FATHER IN HEAVEN, HALLOWED BE YOUR NAME. YOUR KINGDOM COME. YOUR WILL BE DONE ON EARTH AS IT IS IN HEAVEN. GIVE US THIS DAY OUR DAILY BREAD. AND FORGIVE US OUR DEBTS, AS WE FORGIVE OUR DEBTORS. AND DO NOT LEAD US INTO TEMPTATION, BUT DELIVER US FROM THE EVIL ONE. FOR YOURS IS THE KINGDOM AND THE POWER AND THE GLORY FOREVER. AMEN.**

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